Paramount Resources Ltd.

## Paramount Resources Ltd.: Announces 2003 Year-End Results Conference Call

CALGARY, ALBERTA - Mar 24, 2004 /CNW/- The conference call will be held with the senior management of Paramount Resources Ltd. to answer questions with respect to the year-end results Thursday, March 25,2004 at 9:00 a.m. MST. To participate please call 1-877-211-7911 or 1-416-405-9310 approximately 15 minutes before the call is to begin.

The conference call will be live webcast from www.paramountres.com or www.companyboardroom.com.

A replay of the conference call will be available within an hour of the call for seven days: until April 1, 2004. The number for the replay is 1-800-408-3053 or 1-416-695-5800 with passcode number 3027074.

The conference call will be available for replay on the Company website, <a href="https://www.paramountres.com">www.paramountres.com</a> within two hours of the webcast.

Paramount is a Canadian oil and natural gas exploration, development and production company with operations focused in Western Canada. Paramount's common shares are listed on the Toronto Stock Exchange under the symbol "POU".

https://stage.mediaroom.com/paramount/news-releases?item=122674