

# Hot Topics in Pediatrics 2023: Nemours Children's Health Hosts Annual Conference Focused on the Latest Pediatric Health Issues and Strategies

*Nemours Children's clinicians and thought leaders will present on sports specialization, pediatric diabetes and visual diagnoses of genetic conditions*

ORLANDO, Fla. (July 20, 2023) – Today through July 22, Nemours Children's Health will host the annual [Hot Topics in Pediatrics Conference](#) in Orlando. This conference brings together national leaders in the field of pediatrics to discuss the latest trending topics for pediatric providers in primary care. Nemours Children's clinicians will provide presentations on many important topics including sports specialization, type 1 and type 2 diabetes and visual diagnoses of genetic syndromes. They will also participate in "hot controversy" sessions and debate alongside other leaders in the field.



"Nemours Children's Health is delighted to host Hot Topics in Pediatrics for the eighth consecutive year and bring together the best and brightest in the field," said Pamela Arn, MD, Executive Director, Education, Nemours Children's Health. "Conferences of this nature are critical to developing advancements in pediatric care. Through debate and the exchange of ideas, we can learn from one another to ensure we provide the best treatment options for our pediatric patients and help create the healthiest generations of children."

Nemours clinicians from a variety of pediatric specialties will offer their insights and expertise on a range of pediatric topics. Key presentations and sessions include:

**Type 1 Diabetes in the 21<sup>st</sup> Century:** Type 1 diabetes is the most common form of diabetes in youth. Larry Fox, MD, Division Chief of Endocrinology in Jacksonville, will discuss Type 1 diabetes treatment and advancements in care.

**Type 2 Diabetes: What's New and What's on the Horizon** Type 2 diabetes could surge nearly 700% in people 20 and younger between now and 2060, according to a recent study in *Diabetes Care*. Pediatric endocrinologist Evan Graber, DO, will review current diagnostic strategies and traditional treatments for type 2 diabetes and discuss newer therapeutic strategies. Dr. Graber will also examine the outlook for pediatric and adolescent type 2 diabetes and explore treatments on the horizon.

**HOT CONTROVERSY: Should Younger Children Specialize in One Sport?:** According to the American Academy of Pediatrics, children should be encouraged to participate in sports at a level consistent with their abilities and interests. Pushing children beyond these limits is discouraged as is specialization in a single sport before age 12. Brian Daniels, MD, Sports Medicine Physician, will debate this topic alongside other leaders in the field.

For more information, please visit: <http://www.hottopicsinpediatrics.org/>.

## About Nemours Children's Health

Nemours Children's Health is one of the nation's largest multistate pediatric health systems, which includes two free-standing children's hospitals and a network of more than 70 primary and specialty care practices. Nemours Children's seeks to transform the health of children by adopting a holistic health model that utilizes innovative, safe, and high-quality care, while also caring for the health of the whole child beyond medicine. Nemours Children's also powers the world's most-visited website for information on the health of children and teens, Nemours KidsHealth.org. Nemours KidsHealth is a pioneer and leader in pediatric health content that has been trusted by millions worldwide for more than 25 years.

The Nemours Foundation, established through the legacy and philanthropy of Alfred I. duPont, provides pediatric clinical care, research, education, advocacy, and prevention programs to the children, families and communities it serves. For more information, visit [Nemours.org](http://Nemours.org).

For further information: Media Contact: Shari Rosen, [shari.rosen@nemours.org](mailto:shari.rosen@nemours.org)