

Hyatt Newsroom

□ Bali, March 2007, In the latest stage of a major renovation programme, Grand Hyatt Bali, located in the prestigious Nusa Dua area, has announced its plans for the **Kriya Spa**. Scheduled to open in early 2007, Kriya will add immeasurably to the awardwinning resort's already extensive relaxation and activity facilities. Nestled within the lush tropical gardens of the 40acre beachfront property, the Kriya Spa will, in essence, be a 'wellness sanctuary', offering the discerning traveller an authentic Balinese healing experience with 24 luxurious spa villas for treatments and for full day spa programmes.

Reflecting its name **Kriya** – meaning 'ritual' in Sanskrit this unique Spa will celebrate authentic Balinese healing forms with treatments based on 'wellness rituals' to promote positive health and antiaging through the use of natural herbs, roots and essences.

Inspired by the magnificent architecture of an ancient Balinese water palace, each spa villa is designed with exceptional attention to detail and offers twin indoor treatment facilities, private outdoor wet treatment area, a traditional relaxation bale, customdesigned soaking tub and plunge pool, all set in a tranquil courtyard with water features.

The contemporary villas, with a hint of Balinese tradition, are designed to create a harmonious union between the spatial design, flow and overall ambience. Understated elegance, fine textures, materials and artefacts representing herbs and natural elements, together with the infinite attention given to moodenhancing lighting, natural colours, scents, relaxing sounds and temperature, will all provide an exotic sanctuary for a truly indulgent 'totalsensory' experience.

Each villa has been designed so that guests need not leave the inner sanctuary of their private lifestyle suite which are appointed to deliver all services offered at the spa.

The Treatments:

Capturing the essential nature of the spa, Kriya will provide pampering the mind and body relief with a menu of exceptional treatments which combine the best of ancient and modern techniques. A team of experienced spa therapists and aestheticians will create programmes tailored specifically to one's lifestyle – ensuring you are taken on a personal journey of tranquillity, restoration and reflection.

Kriya 'rituals' which are specially designed for both relaxing and invigorating moments as well as detoxification, will include:

Moksha Kriya – Harmony

Aanand Kriya – Bliss

Yowanna Kriya – Energy

Nirmala Kriya – Purity

As well as an extensive a la carte menu of body scrubs, body wraps, facials, touch therapy and Aryurvedic massages and hydro-soak treatments.

Yoga and meditation sessions are available and, for multidaystay guests, professional practitioners will create lifestyle counselling and strategic planning that include personalised fitness programmes, stress management and nutritional consultation.

"Our Kriya Spa is dedicated to a journey of selfdiscovery and rejuvenation" said Detlev Truernit, General Manager of Grand Hyatt Bali, "it is a personal journey that each of our guests will take alone in their minds, but we are physically there to help them achieve the optimum benefits in every way we can – we will offer our guests the ultimate in escapism".

Kriya Spa SkinCare Line:

The Spa has created a unique range of natural, ecosensitive skincare products using herbs, essential oils, plant extracts, crushed flowers, roots and barks, blended together to enhance harmony, vitality and optimal wellbeing. These products will be used throughout the Spa and will also be available for sale in the spa's boutique, allowing guests to continue the Kriya experience in their own homes.

Grand Hyatt Bali:

Other leisure facilities at the beachfronted Grand Hyatt Bali include five swimming pools, one with thrilling water slides, myriad land and water sports activities, three tennis courts, a putting green and a championship golf course just minutes away.

Accommodation at the recently renovated 648room Grand Hyatt features 17 Grand Executive suites, 16 Grand suites, three Premier suites, two Presidential suites as well as two stunning villas each with its own Balinese pool. The Grand Club offers its

own rewards – oversized rooms, some splitlevel, extra spacious bathrooms with glorious sea or garden views, a private swimming pool and a Grand Club Lounge where guests can enjoy complimentary breakfast, all day beverages and evening cocktails and canapés.

The lobby and lounge areas have also been renovated to enhance the view across the gardens to a full stunning ocean view.

The resort's extensive choice of seven restaurants and bars feature Italian, Japanese, Balinese and other international cuisines, sensational cocktails, as well as a night market with cultural shows at the Pasar Senggol amphitheatre.

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For further information:

Dewi Karmawan
Assistant Public Relations Manager
Grand Hyatt Bali
Phone : + 62 361 77 1234
E-mail : dewi.karmawan@hyattintl.com

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