

# DaVita Hosts Panel to Promote Women's Health and Empowerment on World Kidney Day

## Livestreamed event will cover topics such as health equity, transplantation and advocacy

DENVER, March 8, 2018 /PRNewswire/ -- [DaVita Kidney Care](#), a division of DaVita Inc. (NYSE: DVA), a leading provider of kidney care services in the United States, honors World Kidney Day, a campaign that raises awareness about kidney health and chronic kidney disease (CKD) prevention, by hosting a panel event at its world headquarters. Individuals can join the discussion through the [livestream](#) starting at 5:30 p.m. ET/2:30 p.m. PT today.

The event will bring together DaVita teammates (employees) and leaders in the Denver community to talk about kidney health. Panelists will include representatives from the American Transplant Foundation, National Kidney Foundation, Denver Health and DaVita. In support of this year's World Kidney Day theme of women's health and empowerment, the event will focus on policy and advocacy, transplants and living donors, health equity and patient care.

"Our kidneys perform many critical functions, and people with kidney disease usually don't have symptoms until they have lost a significant amount of their kidney function," said Amanda Hale, RN, vice president of nursing for DaVita Kidney Care. "We strive to empower individuals to learn more about their risks for kidney disease and take control of their health."

CKD is a condition that impacts one in 10 people worldwide and more than one in seven U.S. adults. Kidneys are the body's filtration system, removing waste and extra fluid while balancing chemicals that are necessary for kidneys to function. Individuals with kidney disease lose the ability to effectively remove waste from the body. When CKD progresses to end stage renal disease (ESRD), dialysis or a kidney transplant is vital for survival. Lifestyle changes, including eating healthy and effectively managing medications are two ways that may help CKD from progressing to ESRD or prevent other health conditions, such as heart disease.

DaVita offers a variety of kidney care educational resources, including:

- [Risk Quiz](#): This 60-second assessment can help individuals determine if they may be at risk for kidney disease.
- [myDaVita](#): From tracking a kidney-friendly diet to accessing dialysis health records, the resources offered through myDaVita can help patients and/or caregivers understand all aspects of kidney care management.
- [Treatment Resource Hub](#): Patients can learn about treatment options to help cope with ESRD such as dialyzing at home or in a center while waiting to receive a kidney transplant.

For more information and tips on managing kidney health, follow DaVita on Twitter at [@DaVita](#), Facebook at [Facebook.com/DaVitaKidneyCare](#) and [Pinterest](#).

## About DaVita Kidney Care

DaVita Kidney Care is a division of DaVita Inc., a Fortune 500® company, that through its operating divisions provides a variety of health care services to patient populations throughout the United States and abroad. A leading provider of dialysis services in the United States, DaVita Kidney Care treats patients with chronic kidney failure and end stage renal disease. DaVita Kidney Care strives to improve patients' quality of life by innovating clinical care, and by offering integrated treatment plans, personalized care teams and convenient health-management services. As of Dec. 31, 2017, DaVita Kidney Care operated or provided administrative services at 2,510 outpatient dialysis centers located in the United States serving approximately 198,000 patients. The company also operated 237 outpatient dialysis centers located in 11 countries outside the United States. DaVita Kidney Care supports numerous programs dedicated to creating positive, sustainable change in communities around the world. The company's leadership development initiatives and social responsibility efforts have been recognized by Fortune, Modern Healthcare, Newsweek and WorldBlu. For more information, please visit [DaVita.com](#).

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