

# DaVita Kidney Care Offers Fall Favorites Cookbook

## Kidney-friendly Recipes Available for the Holidays

DENVER, Nov. 24, 2015 /PRNewswire/ -- [DaVita Kidney Care](#), a division of DaVita HealthCare Partners Inc. (NYSE: DVA), a leading independent provider of integrated health and kidney care services in the United States, today announced the launch of its fall cookbook, a collection of recipes with fall fruit and vegetables as well as whole grains that can be included in kidney-friendly diets.

"With the chill of fall here and winter just around the corner, nothing beats a warm, hearty meal," said Sara Colman, RDN, CDE, manager for [DaVita.com](#) nutrition. "These recipes really take advantage of the wonderful flavors of the season and give kidney patients a chance to spice up their meal plans."

The cookbook features top recipes including:

- [Egg in a Hole](#)
- [Cranberry and Roasted Garlic Risotto](#)
- [Roasted Cauliflower with Rosemary](#)
- [Slow Rotisserie-style Chicken](#)
- [Cran-Apple Crumble](#)

To download *Today's Kidney Diet: Fall Favorites* cookbook at no cost, visit [DaVita.com/Cookbook](#).

Those with kidney disease can also take advantage of [DaVita Diet Helper](#)<sup>™</sup>— an easy-to-use meal planning tool that tracks phosphorus, potassium and sodium levels. It also features more than 1,000 recipes that are kidney- and diabetes-friendly.

More than 20 million adults over the age of 20 have kidney disease, which can progress to end stage renal disease. Most are unaware of their condition, as the disease is often symptomless until its late stages. Individuals at higher risk for kidney disease include those with diabetes or hypertension, as well as adults age 65 and older, African Americans, Hispanics and Native Americans.

## About DaVita Kidney Care

DaVita Kidney Care is a division of DaVita HealthCare Partners Inc., a Fortune 500® company that, through its operating divisions, provides a variety of health care services to patient populations throughout the United States and abroad. A leading provider of dialysis services in the United States, DaVita Kidney Care treats patients with chronic kidney failure and end stage renal disease. DaVita Kidney Care strives to improve patients' quality of life by innovating clinical care, and by offering integrated treatment plans, personalized care teams and convenient health-management services. As of September 30, 2015, DaVita Kidney Care operated or provided administrative services at 2,225 outpatient dialysis centers located in the United States serving approximately 177,000 patients. The company also operated 104 outpatient dialysis centers located in 10 countries outside the United States. DaVita Kidney Care supports numerous programs dedicated to creating positive, sustainable change in communities around the world. The company's leadership development initiatives and social responsibility efforts have been recognized by Fortune, Modern Healthcare, Newsweek and WorldBlu. For more information, please visit [DaVita.com](#).

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