

HISD To Open Nine Meal Centers

HOUSTON, Sept. 1, 2017 /PRNewswire/ -- The Houston Independent School District will be supporting relief efforts in communities across Houston by providing meals to families and individuals affected by the recent floods. Starting on Saturday, Sept. 2, HISD's Nutrition Services will be serving breakfast, lunch and dinner free of charge at nine sites in the Houston area. The meals will be available on a first-come, first-served basis to all community members.

Breakfast will be served from 8-9 a.m., lunch from 11 a.m.-noon, and dinner from 4-5 p.m. Those times are subject to change. Meals will be offered at the following locations:

Starting Saturday, Sept. 2 for lunch service:

Almeda Elementary — 14249 Bridgeport Rd., Houston, TX 77047
Barbara Bush Elementary — 13800 Westerloch Dr., Houston TX 77077
Carrillo Elementary — 960 S. Wayside Dr., Houston, TX 77023
DeChaumes Elementary — 155 Cooper Rd. Houston, TX 77076

Starting on Sunday, Sept. 3 for breakfast:

Shadydale Elementary — 5905 Tidwell Rd., Houston, TX 77028
Deady Middle School — 2500 Broadway St, Houston, TX 77012

All others will be opened over the next few days:

T.H. Rogers School — 5840 San Felipe St, Houston, TX 77057
Elrod Elementary — 6320 Dumfries Dr., Houston, TX 77096
Blackshear Elementary — 2900 Holman Street, Houston, TX 77004

"The Houston community needs our support now more than ever," says HISD Board of Education President Trustee Wanda Adams. "Thousands of families have been displaced from their homes and have suffered unimaginable loss and trauma. To even begin the recovery process, we must first address families' most basic needs, which includes access to food and water. That is why HISD is stepping in to provide meals."

The initiative to feed the community is being funded by HISD with support from a number of partners, including Sysco, Life Time and Life Time Foundation. Sysco, which is headquartered in Houston, has set up a command center to supply food to HISD's nine distribution sites. Life Time and Life Time Foundation have donated \$100,000 to help sponsor this effort. They also have launched an online donation effort among their members nationwide.

"As the impact of this catastrophe continues to unfold, our Houston-based members, employees and the broader community are in our collective thoughts and prayers," says Jason Thunstrom, Life Time vice president. "Among a number of recovery efforts, we have underway at this time, we are honored to partner with HISD to provide thousands of meals to those currently in need."

As HISD launches this initiative, it does so having sustained a number of losses due to the storm's impact. Flooding damaged HISD's food services facility in northeast Houston, making it non-operational. Despite the challenges, however, HISD's Nutrition Services employees are stepping up to help HISD support the community.

"Our employees have experienced their own hardships in recent days, but they are already rallying to support their fellow citizens," says Richard A. Carranza, HISD superintendent. "They reflect the resilient spirit of our school district and of our great city. Together, we will get through these trying times."

About Houston Independent School District

The Houston Independent School District is the largest school district in Texas and the seventh-largest in the United States with 287 schools and more than 215,000 students. The 334-square-mile district is one of the largest employers in the Houston metropolitan area with more than 28,000 employees. For more information, visit the HISD website at www.HoustonISD.org.

About Life Time®—Healthy Way of Life

Life Time® is a privately held, comprehensive health and lifestyle company and brand that offers a personalized and scientific approach to long-term health and wellness. Through its portfolio of distinctive resort-like destinations, athletic events and corporate health services, the Healthy Way of Life Company helps members achieve their goals every day with the support of a team of dedicated professionals and an array of proprietary health assessments. As of Sept. 1, 2017 the company operates 126 centers in 27 states and 35 major markets under the LIFE TIME FITNESS® and LIFE

TIME ATHLETIC® brands in the United States and Canada. Additional information is available at www.lifetimefitness.com.

About the Life Time Foundation

As a public charity created by Life Time® – Healthy Way of Life, the Life Time Foundation's mission is to help schools eliminate seven harmful ingredients from the food they serve so every child can receive the healthy food they deserve. The Life Time Foundation is focused on improving children's nutrition through education and the elimination of highly processed and artificial ingredients from school menus, ensuring every child has a healthy start in life. Unlike many other charitable organizations in which a portion of donations is consumed by administrative costs, 100 percent of every dollar donated to the Life Time Foundation directly supports its mission because all administrative costs are contributed by Life Time. For more information, visit www.ltffoundation.org.

SOURCE Life Time Foundation

For further information: Amy Williams / 952.229.7721 / AWilliams2@lifetimefitness.com

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