

<https://stage.mediaroom.com/lifetimefitness/2015-08-26-life-time-fitness-to-host-second-quarter-2015-operating-performance-and-financial-results-call-for-bond-holders-and-term-loan-lenders?forPDF=1>

Life Time Fitness To Host Second Quarter 2015 Operating Performance And Financial Results Call For Bond Holders And Term Loan Lenders

Life Time Fitness, Inc., The Healthy Way of Life Company, announced that it will host a call for bond holders and term loan lenders on Wednesday, September 2, 2015, at 10:00 a.m. ET to highlight its second quarter 2015 operating performance and financial results. The Company will post its second quarter 2015 financial statements and MD&A to its secure bond holder and lender portals on Friday, August 28, 2015.

Life Time does not make its financial information available to the public. Access to the call is restricted to holders of the Senior Secured Notes issued by Life Time, qualified prospective investors in the Notes, certain securities analysts and term loan lenders. Information for the call will be posted to the secure bond holder and lender portals.

Questions about accessing the call or the Company's financial statements should be directed to Life Time Investor Relations at 952-229-7120 or ir@lifetimefitness.com.

About Life TimeSM The Healthy Way of Life Company

Life Time is a privately held, comprehensive health and lifestyle company that offers a personalized and scientific approach to long-term health and wellness. Through its portfolio of distinctive resort-like destinations, athletic events and corporate health services, the Healthy Way of Life Company helps members achieve their goals everyday with the support of a team of dedicated professionals and an array of proprietary health assessments. As of August 26, 2015 the company operates 117 centers in 26 states and 34 major markets under the LIFE TIME FITNESS[®] and LIFE TIME ATHLETIC[®] brands in the United States and Canada. Additional information is available at www.lifetimefitness.com.

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