

Sarah Haskins And Cameron Dye Take First Place In The Life Time Tri Captex In Austin, Texas

Athletes raise \$10k for St. Jude Children's Hospital

AUSTIN, Texas--(BUSINESS WIRE)--Life Time – The Healthy Way of Life Company (NYSE:LTM) hosted the Life Time Tri CapTex on Monday, May 26, 2014 in Austin, Texas. Nearly 2,000 professional, paratriathlon, elite, amateur and first time triathletes participated in the race taking place at the Palmer Events Center. In its 24th year, the Life Time Tri CapTex has become a Memorial Day tradition.

"It's exciting to see thousands of athletes take advantage of this rare opportunity to run, swim and bike through the heart of the city," said Kimo Seymour, Vice President, Life Time Athletic Events. "We are proud of the entire local athletic community, High Five Events and the Jack and Adams team who worked with us to carry on this Austin tradition in a safe, organized and fun way."

Life Time Tri CapTex is the second in Life Time's six-event pro series. Thirty-three professional triathletes participated in the event. Sarah Haskins (USA) won the female professional division with a time of 2:00:52:01 and currently leads the series. Alicia Kaye (USA), winner of the 2013 series and Toyota Triple Crown, finished second with a time of 02:01:30:86, followed by Helle Frederiksen (DEN) with a time of 02:01:46:69. Cameron Dye (USA) won the male professional division with a time of 01:51:41:01 and ranks first in the series. Ben Collins (USA) finished second with a time of 01:52:48:53, followed by third-place finisher Michael Poole (USA) with a time of 1:54:03:19.

The winners of the Life Time Tri CapTex took home part of a cash purse of \$30,000 and earned points toward their overall standings going toward the series finale, Life Time Tri Oceanside in October. As the 2014 Life Time Tri Pro Series progresses, participant results and current point standings will be available at lifetimetri.com, the series' official website.

Due to inclement weather, the course was shut down early to ensure the safety of all athletes, leaving some unable to complete the full race. Race timers will determine each athlete's unique circumstances in order to post the most accurate results possible. Once complete, all results for the Life Time Tri CapTex will be listed at <http://www.captextri.com/captex/results/>.

For more information and updates on the Life Time Tri series, visit lifetimetri.com, "Like" the Life Time Tri Facebook page or follow @lifetimetri on Twitter. More information about Life Time Athletic Events is available at EventsByLifeTime.com and on Twitter@lifetimefitness.

About Life Time Fitness, Inc.

As The Healthy Way of Life Company, Life Time Fitness (NYSE:LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest – or discovering new passions – both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company's Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of May 26, 2014, the Company operated 110 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC® brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

" "We are proud of the entire local athletic community, High Five Events and the Jack and Adams team who worked with us to carry on this Austin tradition in a safe, organized and fun way." "

For further information: For Life Time Fitness, Inc. Veronica Castelo, 512-578-9287
castelonotes@gmail.com
