The 2014 Michelob ULTRA Chicago 13.1 Marathon Is June 7, 2014

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(BUSINESS WIRE)--Life Time Fitness, Inc. (NYSE:LTM):

WHAT: The 2014 Michelob ULTRA Chicago 13.1 Marathon[®], produced and presented by Life Time - The Healthy Way of Life Company, will take place June 7, 2014. As a part of the Chicagoland Half Marathon Series, runners can participate in the 2014 Michelob ULTRA Chicago 13.1 Marathon and the Chicago Half Marathon to complete the 26.2 Challenge, in which accomplished runners will receive a commemorative medal.

Thousands of runners will enjoy a beautiful half-marathon course along the lakefront with the sounds of more than 10 party stations. After completing the 13.1 mile race, runners can celebrate with an ice cold Michelob ULTRA at the post-race event party (available to participants 21 & over, who present valid ID). For those looking to participate in a shorter distance, a 5K race will also take place. For more information and to register, please visit:www.131marathon.com/chicago/

Runners can further their efforts for finding a cure for Crohn's disease and ulcerative colitis by becoming a part of Team Challenge, Crohn's & Colitis Foundation of America's endurance training and fundraising program. Interested participants can visit http://www.ccteamchallenge.org/ to learn more and register.

WHEN: Saturday, June 7, 2014

7:00 a.m.—13.1 race begins 7:45 a.m.—5K race begins

Packet Pick-Up- Fleet Feet Sports, 1620 N. Wells Street, Chicago, IL 60614 Thursday, June 5, 2014 10:00 a.m. – 8 p.m. Friday, June 6, 2014 10 a.m. – 8 p.m.

WHERE: South Shore Cultural Center, 7059 S. South Shore Dr, Chicago, IL 60649

Media interested in on-site media credentials must contact Jessica Prah, Paramount Public Relations, at 312-544-4190 orjessica@paramountpr.com.

About Life Time Fitness, Inc.

As The Healthy Way of Life Company, Life Time Fitness (NYSE:LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest — or discovering new passions — both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company's Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of May 15, 2014, the Company operated 110 centers under the LIFE TIME FITNESS[®] and LIFE TIME ATHLETIC[®] brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

For further information: For Life Time Fitness, Inc. Jessica Prah, 312-953-3257 jessica@paramountpr.com or Lauren Flinn, 952-229-7776 lflinn@lifetimefitness.com