

Life Time Fitness Announces Date For Release Of First Quarter 2013 Financial Results And Annual Meeting Of Shareholders

CHANHASSEN, Minn.--(BUSINESS WIRE)--Life Time Fitness, Inc. (NYSE: LTM), The Healthy Way of Life Company, today announced that its first quarter 2013 financial results announcement and annual meeting of shareholders will occur on Thursday, April 25, 2013.

First Quarter 2013 Financial Results - 10:00 a.m. ET

A conference call will be hosted by Bahram Akradi, chairman, president and chief executive officer, Michael Robinson, executive vice president and chief financial officer, and John Heller, senior director, investor relations and treasurer. The call will be webcast live and may be accessed via the Company's Investor Relations section of its website at lifetimefitness.com. A replay of the call will be available beginning at approximately 2:00 p.m. ET on April 25, 2013.

Annual Meeting of Shareholders - 2:00 p.m. ET

The meeting will occur at the Company's headquarters, located at 2902 Corporate Place in Chanhassen, Minnesota. The meeting also will be webcast and may be accessed live via the Company's Investor Relations section of its website at lifetimefitness.com. A replay of the meeting will be available beginning at approximately 5:00 p.m. ET on April 25, 2013.

About Life Time Fitness, Inc.

As The Healthy Way of Life Company, Life Time Fitness (NYSE:LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest - or discovering new passions - both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company's Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of April 18, 2013, the Company operated 106 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC™ brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

For further information: Life Time Fitness, Inc. Investor Relations: John Heller, 952-229-7427
ir@lifetimefitness.com or Media Relations: Jason Thunstrom, 952-229-7435 pr@lifetimefitness.com
