

Life Time Torchlight San Diego Makes Its Debut

Sept 6 marks first Torchlight Run 5K in San Diego

(BUSINESS WIRE)--Life Time Fitness (NYSE:LTM):

WHAT: The [Life Time Torchlight Run](#) is reigniting San Diego with the first Torchlight Run. The Torchlight 5K invites race-goers of all ages as the Torchlight Run starts with a bang and ends with a brew. This race will take runners on a tour Mission Bay Park overlooking Fiesta Island. The evening concludes with a legendary post-race party featuring live music and complimentary refreshments inside Mission Bay Park.

WHERE: Race day registration/check-in and start: Mission Bay Park

Race finish and post-race party: Mission Bay Park

WHEN: Thursday, September 6

Race day registration/check-in: 4:30 p.m. - 5:45 p.m.

Race start: 6 p.m.

DETAILS: Registration is open [online](#) until September 5. Day-of registration is also available. Participants of the Torchlight Run will receive a free t-shirt and access to the post-race party.

About Life Time Fitness, Inc.

As The Healthy Way of Life Company, Life Time Fitness (NYSE:LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest – or discovering new passions – both inside and outside of Life Time’s distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company’s Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of July 27, 2012, the Company operated 105 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC(SM) brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

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