Iconic Leadville Race Series Schedule Set For 2012

Registration now open at www.leadvilleraceseries.com Lottery entry into Leadville Trail 100 MTB closes January 31, 2012 Exclusive 'Leadman' division guarantees entry in both Leadville 100s

LEADVILLE, Colo.--(BUSINESS WIRE)--Life Time Fitness, Inc. (NYSE: LTM), the Healthy Way of Life Company, today announced the event schedule for the iconic 2012 Leadville Race Series. Registration now is open for the internationally-renowned series, which hosts thousands of racers annually on foot and mountain bike in some of the World's most scenic and challenging endurance events. With a schedule that begins in June and concludes in September, endurance athletes from around the world will make the pilgrimage to the historic mining town of Leadville, Colorado with the single goal to finish a "Race Across the Sky" event.

The 2012 Leadville Race Series events include:

- Leadville Trail Marathon June 30
- Leadville Trail Heavy Half Marathon June 30
- Leadville Silver Rush 50 MTB Race July 14
- Leadville Silver Rush 50 Trail Run July 15
- Leadville Trail 100 MTB Race August 11
- Leadville 10K Run August 12
- Leadville Trail 100 Run August 18-19
- 24 Hours of Leadville (MTB/Run) September 1-2

Endurance athletes seeking the ultimate of challenges also may register to be a part of the Leadman division, in which participants must complete five of the Leadville Race Series events: the Leadville Trail Marathon, Leadville Silver Rush 50 MTB orRun, Leadville Trail 100 MTB, Leadville Trail 10K Run and the Leadville Trial 100 Run. Registrants must cover the combined 284.4 miles of racing within designated cut-off times (66 hours total for those who opted for the Silver Rush Run and 60 hours total for the Silver Rush MTB). In 2011, 25 participants achieved Leadman status out of 68 starters. Leadman division registrants are able to bypass the lottery system that otherwise determine entry into the sought after Leadville Trail 100 MTB.

Since 1983, the Leadville Race Series has attracted thousands of competitors and spectators to Leadville, which is located approximately two hours west of Denver. For additional information regarding the Leadville Race Series and race results, visitwww.leadvilleraceseries.com.

About Life Time Fitness, Inc.

As The Healthy Way of Life Company, Life Time Fitness (NYSE: LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest – or discovering new passions – both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company's Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of November 1, 2011, the Company operated 92 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETICSM brands primarily in suburban locations in 21 states and 26 major markets. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

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