

Twenty-Five Men And Women Reign As 2011 Leadville Leadman And Leadwoman Ultimate Challenge Winners

Participants endured five Leadville Race Series events composed of more than 280 miles to receive honor

LEADVILLE, Colo.--([BUSINESS WIRE](#))--Withstanding some of the most demanding conditions in the country, including rugged Colorado Rockies terrain and ascents up to 13,185 feet, 25 men and women completed what is arguably the most challenging endurance series in the world to earn the title as 2011 Leadville Leadman or Leadwoman. From July 2 through Aug. 20—a span of only 49 days—an elite field of 68 men and women participated in the grueling Leadman and Leadwoman Ultimate Challenge.

The Leadman/Leadwoman Ultimate Challenge consisted of five Leadville Race Series events including the [Leadville Trail Marathon](#), [Leadville Silver Rush 50 MTB or Run](#), [Leadville Trail 100 MTB](#), [Leadville Trail 10K Run](#) and the [Leadville Trail 100 Run](#). Participants had to complete all five events within the designated cut-off times (66 hours total for those who opted for the Silver Rush Run and 60 hours total for the Silver Rush MTB) to secure the title. The 25 winners resulted in a 37 percent completion rate based on the 68 starters. Proving the growth of the Leadville Race Series, the 68 starters and 25 winners both established new records.

The 2011 Leadman and Leadwoman include:

Name	City, State
Adami, Deanna	Littleton, Colo.
Baker, Jay	Greenville, S.C.
Bennett, Jeff	Coppel, TX
Bradford, Jeremy	Denver, Colo.
Carson, Chad	Ogden, UT
Caruso, Scott	Lakewood, Colo.
Cloutier, Jeff	Thornton, Colo.
Culligan, Patrick	Golden, Colo.
Forshee, Maurice	Austin, TX
Fries, Ken	Austin, TX
Hartman, Andrew	Denver, Colo.
Janssen, Todd	Beaverton, Ore.
Johnson, Cory	Ogden, UT
Lamond, Michael	Leadville, Colo.
Lowe, Bob	Glenwood Springs, Colo.
McHargue, Mike (4 th Leadman)	Leadville, Colo.
Murray, Todd	Colorado Springs, Colo.
Pointer, Lauren	Denver, Colo.
Sandoval, Marvin	Leadville, Colo.
Scotton, Matt	Newton, IA
Stevenson, Jeff (2 nd Leadman)	Leadville, Colo.
Sundermeier, Ronda	Tigard, Ore.
Swanson, Larry	Loves Park, Ill.
Torres, Michelle	Westminster, Colo.
Walsworth, Stuart	Boulder, Colo.

Registration for the 2012 Leadman/Leadwoman Ultimate Challenge opens later this year. For more information visit www.leadvilleraceseries.com.

About the Leadville Race Series

Launched with 45 runners as the Leadville Trail 100 in 1983, the Leadville Race Series now consists of six running events and three mountain biking events. The Leadville Race Series hosts thousands of racers on foot and on mountain bike in some of the world's most iconic events and environment. It begins each July with the Leadville Trail Marathon and Heavy Half Marathon events and concludes with the 12/24 Hours of Leadville MTB and Run in September. Endurance athletes worldwide now make the pilgrimage to Leadville, Colo., with the single goal of competing in a "Race Across the Sky." For more information, visit leadvilleraceseries.com.

About Life Time Fitness, Inc.

As the Healthy Way of Life Company, Life Time Fitness (NYSE: LTM) delivers the certified professionals, comprehensive businesses and incredible destinations that help people positively change their lives every day. The Company's healthy way of life approach enables its customers to achieve their health and fitness goals by engaging in their areas of interest – or discovering new passions – both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations. As of Aug. 30, 2011, the Company operated 92 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETICSM brands primarily in suburban locations in 21 states and 26 major markets. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.