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Life Time Fitness Announces Date For Release Of Second Quarter 2011 Financial Results

CHANHASSEN, Minn.--(BUSINESS WIRE)--Life Time Fitness, Inc. (NYSE:LTM) today announced that its second quarter 2011 financial results announcement will occur on Thursday, July 21, 2011. A conference call to discuss the results will be held at 10:00 a.m. ET.

Bahram Akradi, chairman, president and chief executive officer, Michael Robinson, executive vice president and chief financial officer, and John Heller, senior director, investor relations and treasurer, will host the call.

The conference call will be webcast live and may be accessed via the Company's Investor Relations section of its website at lifetimefitness.com. A replay of the call will be available beginning at approximately 2:00 p.m. ET on July 21, 2011.

About Life Time Fitness, Inc.

As the Healthy Way of Life Company, Life Time Fitness (NYSE: LTM) delivers the certified professionals, comprehensive businesses and incredible destinations that help people positively change their lives every day. The Company's healthy way of life approach enables its customers to achieve their health and fitness goals by engaging in their areas of interest – or discovering new passions – both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations. As of July 14, 2011, the Company operated 92 centers under the LIFE TIME FITNESS[®] and LIFE TIME ATHLETICSM brands primarily in suburban locations in 21 and 26 major markets. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

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