Blue Cross Volunteers Support 90 Service Projects Across Massachusetts on 12th Annual Service Day

Since Service Day's inception in 2011, Blue Cross has contributed nearly \$11 million of value to local not-forprofits through this annual volunteer day

BOSTON, Sept. 29, 2022 /PRNewswire/ -- Today, nearly 3,000 Blue Cross Blue Shield of Massachusetts ("Blue Cross") employees are volunteering to support 90 service projects across Massachusetts focused on creating more equitable, just, and healthy communities as part of the company's 12th annual Service Day.

Blue Cross partnered with 76 not-for-profit organizations to design both inperson and virtual volunteer opportunities that align with the company's health equity work. 2,200 Blue Cross employees are volunteering at community partner sites across the state and 800 are volunteering virtually from home.

"We're proud to support not-for-profits around the state that are working to address health inequities in our communities," said Andrew Dreyfus, president and CEO of Blue Cross. "The idea for Service Day came from our employees. Over the past 12 years it has grown to become our largest company event and one of our most beloved traditions. It is incredible to see the collective impact that can be accomplished in one day to support the critical work of our community partners."



Volunteers participating in-person are supporting 80 projects in 50 cities and towns across Massachusetts focused on addressing the social and environmental conditions affecting the health of children and families. Service projects include creating new outdoor play spaces for children to stay active, harvesting fresh produce to donate to local food pantries, and cleaning beaches and clearing trails to improve access to green space.

Simultaneously, 800 employees are participating from home in 10 virtual projects. Together on Zoom, volunteers are completing projects such as writing letters to seniors isolated at home, packing themed Happy Hope Bags filled with creative activities for hospitalized children and creating lifesaving paracord bracelets for military and first responders.

The company is also partnering with Common Impact to engage 30 employees in virtual skills-based projects, addressing business challenges facing five community partners – About Fresh, East Boston Neighborhood Health Center, Eastie Farm, Parents for Peace, and Shine Initiative.

Projects are chosen based on their alignment with the company's focus on health justice. In addition to sending a group of enthusiastic volunteers to complete the task, Blue Cross also provides a grant to cover the project costs. Since Service Day's inception in 2011, the total value of the company's financial and volunteer support to local not-for-profits is nearly \$11 million.

For more information on Blue Cross' annual Service Day and the company's commitment to health justice, visit its Corporate Citizenship <u>website</u> or read its latest <u>Corporate Citizenship Report</u>.

Service Day community partners and projects:

Organization	City	Project Description
	Virtual	5 volunteers are advising About Fresh around data security best practices and staff training recommendations to ensure that their Fresh Connect
About Fresh	project	program is HIPAA-compliant and safe from phishing threats.
Annie's		
Kindness		100 volunteers are creating blankets to donate to community members
Blankets	Hingham	experiencing substance abuse or mourning the loss of a loved one.
		20 volunteers are helping make the performing arts accessible to Applause
Applause		Academy's diverse community of children by organizing and repairing props,
Academy MA	Taunton	sets, and costumes and painting and decorating the dance studio.
		25 volunteers are weeding, mulching, and clearing pathways in an urban
Backyard		garden to help provide healthy, fresh food to low- to moderate-income
Growers	Gloucester	residents of Gloucester, including many immigrant and refugee families.
		20 volunteers are bringing the joy and magic of a birthday party to the
		homeless children and families that Birthday Wishes serves, by wrapping
Birthday Wishes	Natick	birthday gifts and filling Birthdays-in-a-Box.

Boston Harbor Now	Hingham	50 volunteers are ferrying to Peddocks Island to help ensure this beautiful environment remains a vibrant, public space - now and for future generation - by cleaning beaches, tracking collected trash, and clearing trails. 25 volunteers are hosting an Adaptive Sports and Recreation Day for Boston Home residents and outpatients that will provide them the special opportunity to bowl, play bocce, and participate in target games using
Boston Home	Dorchester	assistive technology and adaptive devices.
Boston Nature Center	Mattapan	25 volunteers are building nature play areas that provide children with more ways to connect with nature by encouraging self-directed, informal play.
Boston SCORES	East Boston	12 volunteers are planting shrubbery & bushes around the outside perimete of the Boys & Girls Club, creating a welcoming space for the 2,500+ youth served every year. 10 volunteers are creating activity kits that will ensure club members will
Boys and Girls Club of Lowell	Lowell	have access to their favorite programming while the Club is undergoing construction.
Boys and Girls	2011011	25 volunteers are providing a safe and welcoming space for Club members by helping clean the kitchen, prep a healthy meal, landscape the front entry
Clubs of Boston	Roxbury	and clean up the playground and baseball field.
Broadmeadow	,	
Brook	Worcester	10 volunteers are building a fence to define the property line.
Cardinal		20 volunteers are helping bring the gift of fresh air and outdoor activity to
Cushing		Cardinal Cushing residents by helping clear walking trails around their
Academy	Hanover	campus. 20 volunteers are packing care packages for deployed military containing
_	South	high-calorie food products, socks and t-shirts, personal care items, books,
Carepacks	Weymouth	magazines, and more.
Catholic		20 volunteers are painting, landscaping and winterizing Sunset Point Camp
Catholic Charities	Hull	ensuring at-risk children can enjoy a fun summer of exploration and friendships for years to come.
Community	Hull	15 volunteers are weeding, transplanting, harvesting or other farm field tas
Farms Outreach	Waltham	that will help the farm deliver fresh produce to neighbors in need.
Community	North	25 volunteers are participating in farm work that will allow CHP to donate
Harvest Project	Grafton	food to over 20 hunger relief agencies in Central and Eastern MA. 50 volunteers are preparing, and packaging scratch made, medically tailore
Community Servings	Jamaica Plain	meals for Community Servings' 2,200+ weekly clients who are experiencing critical illness.
Cradles to	Hingham	150 volunteers are helping sort, package and label gently used clothing and
Crayons	and Newton	books to distribute to children in need across Massachusetts. 50 volunteers are helping close the campgrounds for the season and
Crossroads	Duxbury	prepping the site for fall and winter events.
Dimock Health	2 0.700 0.1 9	20 volunteers are revamping the backyard of a residential house for women
Center	Roxbury	in recovery and their children to enjoy. 25 volunteers are helping close the facilities for the season to ensure that
Dream Day on	Dwawataw	seriously ill children and their families will have a safe a welcoming
Cape Cod East Boston	Brewster	environment next summer.5 volunteers are creating a roadmap for East Boston Neighborhood Health
Neighborhood	Virtual	Center to improve staff and provider knowledge of and engagement with
Health Center	project	community-based healing practices.
Conten	p. ojece	5 volunteers are developing a budget framework and recommendations for
	Virtual	implementation for Eastie Farm that helps them to track their revenue,
Eastie Farm	project	expenses, grants, and salary costs more efficiently.
Esplanade		25 volunteers are beautifying the Esplanade by picking up trash and litter
Association	Boston	from the fields, gardens, and water edges of the park. 20 volunteers are packing "Bags for Dads" duffels filled with supplies and
Father's Uplift	Dorchester	resources to help dads experiencing re-entry from incarceration ease their transition and remind them that they have a support system that cares. 15 volunteers are packing "Just Eats" grocery boxes that provide over 3,000
		Boston area families in need approximately twenty-five pounds of produce
Food for Free	Somerville	and pantry staples.
Friends of Holly Hill Farm	Cohasset	20 volunteers are harvesting produce to distribute to local food pantries, preparing garden beds for fall plantings and helping to compost at the farm
Good Sports	Braintree	15 volunteers are sorting brand-new sporting equipment, apparel, and footwear at Good Sports warehouse to distribute to communities in need. 20 volunteers are improving the community garden by taking down beds,

GreenRoots	Shelsea t	piling and dispersing wood chips, and shoveling compost.
	and virtual	250 volunteers are creating Happy Hope Kits with coloring sheets and fu
Happy Hope	projects	activities that will bring a smile and a bit of fun to hospitalized children.
Holbrook Food	Holbrook	12 volunteers are painting the interior of the Holbrook Food Pantry, so cl
Pantry	אטטזעוטרו	are welcomed into an inviting and dignified space. 20 volunteers are restoring a peace pond and garden that provide a quie
Home For Little		place to sit and relax in nature for adolescent youth involved with the
Wanderers	Plymouth	Department of Children and Families.
Hope Floats	,	30 volunteers are helping set up and prepare for Hope Floats' annual Me
Healing and		Walk that will provide a space for grieving families to come together and
Wellness Center	Kingston	honor the lives of those lost.
Hull Lifesaving		50 volunteers are painting the fleet of boats and cleaning the museum s
Museum	Hull	and repairing the museum's wheelchair accessible ramp.
Jewish Family Services		20 volunteers are support Framingham's immigrant community by helpir
MetroWest	Framingham	JFS staff sort, package and load seasonal children's clothing that will be distributed to families in need.
Metrowest	Frammynam	20 volunteers are repairing the home of a veteran by performing basic h
JoinedForces	Chicopee	repairs and enhancements.
Kind Hearts for	2 22 12 30	15 volunteers are assembling kindness kits and decorating the office spa
Kids	Bourne	where foster children come for visits.
Letters Against	Virtual	300 volunteers are writing handwritten notes to isolated seniors that will
Isolation	projects	provide joy and encouragement.
MA Coalition for		20 volunteers are building beds for homeless children that will provide a
the Homeless	Lynn	refuse and sense of security.
		50 volunteers are creating a magical space for children with cancer to es and be a kid by helping revamp the Garden of Hope, Fairy Nook, and Hol
Magical Moon	Marshfield	House.
Mass Military &	Maisilleiu	TIOUSE.
Cape Cod		
Military Support		75 volunteers are wrapping donated gifts for that families of veterans an
Foundation	Hyannis	active military during the holidays.
Merrimack	-	
Valley Food		20 volunteers are packing bags of nutritious food that will be distributed
Bank	Lowell	students who rely on school meals for food through the weekend.
Mystic River	Cycrott	25 volunteers are removing litter from parks and paths that will reduce t
Watershed Neighborhood	Everett	amount of trash that ends up in the Mystic River and protect local wildlife
of Affordable		25 volunteers are assembling emergency survival kits and replacing thre
Housing (NOAH)	East Boston	garden beds.
Old Colony		
YMCA East	East	15 volunteers are creating a "sensory house" with a variety of sensory
Bridgewater	Bridgewater	
Old Colony		25 volunteers are installing a water wall, an outdoor abacus, and a site w
YMCA	NA: al all a la	wall to ensure campers do not fall victim to the "summer slide" by provid
Middleboro	Middleboro	fun, active learning opportunities in the Y's new "Poolside Classroom."
Old Colony		50 volunteers are installing a water bottle filling station and planting a ragarden to prevent erosion near their beach to make Camp Clark more
YMCA Plymouth	Plymouth	sustainable.
Old Colony	rymouth	- Sustantable.
YMCA		25 volunteers are creating a sensory playground for campers at Camp
Stoughton	Stoughton	Christina to encourage open-ended play and stimulate creative thinking.
	J	200 volunteers are making paracord survival bracelets and writing letters
Operation	Virtual	provide military members and first responders with a tangible, lasting
Gratitude	projects	expression of gratitude.
		5 volunteers are assessing Parents For Peace marketing and communication
Davanta Fa	\/intal	assets and developing messaging recommendations for educating and
Parents For Peace	Virtual	informing mental health providers on the services the organization offers
reace	project	address radicalization and support families. 20 volunteers are improving the facilities at Peter Igo Park spreading new
		sand on the volleyball court, spreading woodchips, installing a slide in the
		kiddie area, planting flowers, and power washing the tennis and basketb
Peter Igo Park	Marshfield	courts.
<u> </u>		25 volunteers are beautifying the playground at Gomes Elementary Scho

	Now	largete a cofe and including record and the reference and the re-
Playworks	New	create a safe and inclusive recess space, transform recess culture, and
Project Just	Bedford	pomotinatedise itestiting fand balanting donating clothes and essential items
Because	Hopkinton	to prepare Project Just Because's move to a new facility.
Regional	Поркитеон	10 volunteers are building a fence that will protect the garden from animals
Environmental		and help increase their harvest to continue to provide healthier, affordable,
Council	Worcester	locally grown food for the Worcester community.
Council	Worcester	14 volunteers are sorting and packing bundles of baby and toddler items for
Room to Grow	Hyde Park	the families in need with children ages 0-3.
Save the Harbor	Tryde Fark	40 volunteers are cleaning up Malibu Beach in Savin Hill following the busy
Save the Bay	Dorchester	season and getting it ready for the winter.
Sharing the	Dorchester	season and getting it ready for the winter.
Harvest / YMCA		25 volunteers are replacing the greenhouse coverings and planting
Southcoast		strawberries and raspberries to provide these popular fruits to individuals
	Dartmouth	
(Dartmouth) AM	Dartmouth	and families experiencing food insecurity.
South Shore	\\/tl	20 volunteers are cleaning up the camp after a busy summer and readying it
Stars	Westwood	for winter.
South Shore		20 volunteers are harvesting and gathering food at the YMCA's farm to
YMCA	Hanover	donate to local food pantries.
St. Mary's		
Center for		
Women and		20 volunteers are beautifying the residential spaces to ensure St. Mary's
Children	Dorchester	Center residents feel supported, empowered, and inspired.
		25 volunteers are making locally grown, healthy food more accessible to low-
The Food		income families and people of color in Greater Boston by weeding, mulching,
Project	Lincoln	harvesting, and washing vegetables.
		12 volunteers are packing dry goods, frozen goods, and fresh produce to
The Salem		ensure the food pantry is equipped to provide meals for its 100-150 home
Pantry	Salem	delivery clients.
The Shine	Virtual	5 volunteers are developing a newsletter template for the Shine Initiative
Initiative	project	that includes structure and content recommendations.
		25 volunteers are preparing for the Trustees' annual Fall Festival, a family
		event that invites hundreds of people to the farm to play games, visit with
		barn animals, and enjoy the farm. Volunteers will be helping with festival set
The Trustees	Hingham	up.
	Hingham	250 volunteers are providing comfort, support, and happiness for kids in
Together We	and virtual	foster care by creating birthday kits, assembling STEM boxes, and building
Rise	projects	skateboards.
Urban		15 volunteers are painting the new facility to ensure athletes and members
Powerhouse	Hyde Park	can feel great about their community and training space.
VA Boston		
Healthcare		
System		30 volunteers are planting vegetables in the indoor greenhouse used at the
(Brockton VA)	Brockton	hospital's farm to table meal program.
		20 volunteers are creating booths for its annual Fitness Carnival focusing on
West End House	Allston	teaching youth healthy eating habits.
-		20 volunteers are helping run a pop-up food pantry at Crossroads Worship
Weymouth Food		Center that will distribute shelf stable foods and fresh fruits and vegetables
Pantry	Weymouth	to neighbors on the South Shore.
-	-	25 volunteers are renovating family visiting rooms at the Southcentral DCF
		office using a trauma informed approach so children and families can have
Wonderfund	Whitinsville	calming and productive visits.
		20 volunteers are packaging shelf-stable meal bags, creating culturally
		relevant menu cards, and cleaning up the kitchen facility and community
YMCA Cape Cod	Sandwich	garden.
YMCA Greater	_	40 volunteers are repairing benches and picnic tables, painting indoor
	Canton	spaces, and cleaning up and organizing summer games at Camp Ponkapoag.
Boston		
Boston		25 Volunteers are cleaning up the camparolings and trails, painting
		25 volunteers are cleaning up the campgrounds and trails, painting foursquare and hopscotch on the blacktop, painting, and assisting with light
YMCA	Wareham	foursquare and hopscotch on the blacktop, painting, and assisting with light
	Wareham	foursquare and hopscotch on the blacktop, painting, and assisting with light office projects.
YMCA	Wareham Boston	foursquare and hopscotch on the blacktop, painting, and assisting with light

About Blue Cross Blue Shield of Massachusetts:

Blue Cross Blue Shield of Massachusetts (<u>bluecrossma.org</u>) is a community-focused, tax-paying, not-for-profit health plan headquartered in Boston. We are committed to the relentless pursuit of quality, affordable and equitable health care with an unparalleled consumer experience. Consistent with our promise to always put our members first, we are rated among the nation's best health plans for member satisfaction and quality. Connect with us on <u>Facebook</u>, <u>Twitter</u>, <u>YouTube</u>, and <u>LinkedIn</u>.

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